Competition Checklist:

- □ Fully complete all competition entry forms before the deadline date and return to coach or competition chairperson prior to deadline with appropriate payment. Any forms that are incomplete may be denied.
- \Box Music on a USB.
- □ Costume/ Skating Dress (tried out prior for fit and comfort and possible alterations)
- □ Beige tights only NO RIPS OR TEARS
- □ Warm up sweater and black or matching gloves, for warm-up period only. Form fitting, zip, button or wrap. **No hood**.
- □ Hair must be worn neat and tidy (braid or bun, off face, must not catch on costume). Nothing loose, bobby pins must "lock". Tested at the same time as the costume before the event.
- □ Skate bag, guards, extra laces, wipe for skates, and possibly a garment bag.
- □ SMILE! You're a proud member of the Columbia Valley Skating Club and our team is here to have fun! Bring your manners and a positive attitude. Let's look sharp, we are representing our club and community.
- **DO NOT** sharpen your blades immediately before a competition or test day.
- □ Carry a screwdriver that fits the screws on your boots in case the blade needs tightening while you are away from home.
- \Box Be at the arena 1 hour before the scheduled event time
- \Box Check in with coach(es)